

Our Lady of Good Hope Roman Catholic Church

P. O. Box 159 – 671 Water Ave. : Hope, BC V0X 1L0
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Thirteenth Sunday in Ordinary Time – July 2, 2017

Weekday Masses

Tuesday to Saturday 9:00 AM

Sunday Masses

Saturday – 4:30 PM (anticipated Mass)
Sunday –9:00 AM

Confessions

Weekdays Tuesday to Saturday – 8:30 AM to 8:45 AM
Saturday - 3:30 PM to 4:00 PM
Always available upon request.

Please pray for our sick and shut in parishioners.

May Our Lord sustain, comfort and heal them through their faith.

Mimi LaBossiere, Ann Vinet, Don Appel, Lew and Dolores Hampton, Marilyn McKay, Galdino Berti, Yunha Kim, Gerard Born, George Stock, Jerzy and Irena Klimczek, Rita Rocan, Theresa Witjes, Dolores Azevedo, Amanda Paller.

Last Sunday Offering

\$1,197.00 Envelopes
\$ 349.60 Loose
\$1,657.00 Average Weekly Expenses

Thank you for your generous support of your Parish.

Project Advance: Our appreciation goes out to all parishioners who have made a gift to Project Advance 2017. ***To date, we have received 22 gifts 29.3% of the parishioners) totaling \$10,620. (70.8% of the Parish Goal).*** Remember that funds received over our Diocesan goal (\$5,000.) will be returned to the Parish. Please continue to respond in prayer and generosity. Our sharing reflects our caring. Thank you.

Rose Prince Annual Pilgrimage – July 7th, 8th and 9th

For more information, please see the poster at the back of the Church

Consecration to Immaculate Heart of Mary

The Immaculate Heart of Mary reminds us that the love in Mary's heart is a love we seek to imitate. Our generous and selfless mother shares with us many helps and graces. Her only desire is to direct us to her son, so that we might "do whatever he tells us" (see John 2:5). Consecration to Mary's Immaculate Heart can only lead us more swiftly and intimately to the heart of her son. Sacred Heart of Jesus, I give myself to you through Mary!

Prayer for the Consecration of Canada to Our Lady

May the Cross of your Son, planted on Canadian soil
and in Canadian hearts, be known as the Tree of Life,
whose fruit is visible and available to all in the garden of this world.

Mary our Mother, we place our country Canada
in the sanctuary of your Holy Heart
for we know that there we will find Jesus,
who lives and reigns with the Father
in the Unity of the Holy Spirit, one God, forever and ever.
Amen.

Happy Canada Day

July 1 is celebrated as Canada's 150th birthday. Canadians should seek to be witnesses to Christ in Canada and the world, and to continue working to influence the government to act from Catholic principles and attitudes. Catholics, realizing they do not have a lasting home here, should pray and work for justice and peace in Canada and throughout the world, so that all God's people may share in the goods of this earth. God's kingdom will come only when all people are ready to let Christ's teaching guide and rule their lives and actions.

Reflection on Sunday's Gospel – Matthew 10:37-42

In today's Gospel, Jesus describes three crosses that we must bear for Him. The first cross is "whoever loves father or mother more than Me is *not worthy of Me*." Jesus wants His disciples to love their parents, *but* they are to love Him even more. In the second cross Jesus says, "whoever loves son or daughter more than Me is *not worthy of Me*." Likewise, as much as Jesus' disciples love their children, they are to have even greater love for Him.

And finally, Jesus says, "Whoever does not take up the cross and follow Me is *not worthy of Me*." Jesus uses crucifixion as a metaphor for what His Apostles must be willing to endure for His sake. His Apostles knew what it meant for a person to take up his cross: crucifixions were not rare occurrences in first-century Palestine.

Each of us has a form of cross to carry. The cross Jesus bore carries the weight of the sins of the world. The cross each of us carries by our discipleship joins our suffering with Jesus and makes our cross bearable. There is no need to make a cross, or to look for one. The cross we have is hard enough for us. What we have to do is take up our cross. Our cross is not made of wood but of our burdens and sufferings.

Know in your heart that Jesus loves you and that He will help you to carry your heavy cross. The size and weight of the cross is not the important thing. Rather, it is the carrying of the cross that is important and essential. Ask Jesus to help you carry your cross of burden. The promise of Paradise can help to make the cross not so much of a burden but a joy. The Jesuit priest, Dan Schutte's hymn expresses it well, "Only this I want: but to know the Lord and to bear His Cross, so to wear the crown He wore."

**Prayer
is when you *talk* to God.**

***Meditation*
is when you *listen* to God.**

Praying through **journaling** can be a liberating and beautiful means of expression. Your writing can take on the feeling of a love letter or a song and can be accompanied by a heart-wrenching release of emotions.

Do not attempt to censor yourself as you write. Don't worry about spelling or proper grammar. Do not be afraid of writing down how you truly feel, God knows your heart already. Instead, offer yourself, in all your beauty and your brokenness, freely to God and ask Him to use your journal to bring you closer to Him. Do not be afraid to give it all to God, who can turn your ashes to beauty, heal your deepest wounds, and set you free.